

# Preschool Optional at Home Practice

Week	Monday	Tuesday	Wednesday	Thursday
<p>Letter K</p> <p>Find K and k's in a book or in magnetic letters.</p>	<p>Practice putting on and zipping a coat.</p> <p>Position words: put hat <u>on</u> head, <u>under</u> chair, <u>behind</u> backpack, etc..</p>	<p>Find ten things in your house that are green.</p> <p>Grocery store: find green fruit, a vegetable, a drink, etc.</p>	<p>Draw and color a picture that begins with K.</p> <p>Sing ABC's and count to 10.</p>	<p>Pantomime familiar activities (eat a banana, brush your teeth, skate, etc.)</p> <p>Trace/ write name 3 times.</p>
<p>Letter L</p> <p>Find L and l's in a book or in magnetic letters.</p>	<p>Practice opening snack containers/ bags/ drinks.</p> <p>Practice days of the week. Which days do we not go to school?</p>	<p>Find ten things in your house that are blue.</p> <p>Grocery store: "Look on this shelf: hand me the cheerios," etc.</p>	<p>Draw and color a picture that begins with L.</p> <p>Follow the leader: walk, hop, tiptoe (forwards and backwards)</p>	<p>Find ten things in your house that are triangle shaped.</p> <p>Draw a rainbow, name the colors.</p>
<p>Letter M</p> <p>Find M and m's in a book or in magnetic letters.</p>	<p>Practice opening the door and holding it for someone.</p> <p>Put items in a bag,. Guess what items without looking.</p>	<p>Lift your leg, clap under lifted leg, switch legs.</p> <p>Sing ABC's and count to 10.</p>	<p>Draw and color a picture that begins with M.</p> <p>Play tic-tac-toe, Candyland, or another board game.</p>	<p>Fun following directions: bring me 2 plates and 2 paper towels, and 4 cookies, put 2 on each plate, etc.</p> <p>Find ten things in your house that are oval shaped.</p>

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<p>Letter N</p> <p>Find N and n's in a book or in magnetic letters.</p>	<p>Practice putting on and zipping a coat.</p> <p>Position words: put hat <u>on</u> head, <u>under</u> chair, <u>behind</u> backpack, etc..</p>	<p>Find ten things in your house that are black.</p> <p>Grocery store: find red fruit, a treat, a drink, etc.</p>	<p>Draw and color a picture that begins with N.</p> <p>Sing ABC's and count to 10.</p>	<p>Color a picture and practice staying in the lines. Use colors that are realistic (tree is green, bus is yellow, apple is red/green)</p> <p>Trace/ write name 3 times.</p>
<p>Letter O</p> <p>Find O and o's in a book or in magnetic letters.</p>	<p>Practice opening snack containers/ bags/ drinks.</p> <p>Practice days of the week. Which days do we not go to school?</p>	<p>Find ten things in your house that are brown.</p> <p>Grocery store: Look on this shelf: hand me the ketchup, etc.</p>	<p>Draw and color a picture that begins with O.</p> <p>Follow the leader: walk, hop, tiptoe (forwards and backwards)</p>	<p>Find ten things in your house that are square shaped.</p> <p>Draw a rainbow, name the colors.</p>
<p>Letter P</p> <p>Find P and p's in a book or in magnetic letters.</p>	<p>Practice saying hello and good-bye to people.</p> <p>Take items from 3 different categories and sort them by category (cars, animals and food)</p>	<p>Dance to your favorite song.</p> <p>Sing ABC's and count to 12.</p>	<p>Draw and color a picture that begins with P.</p> <p>Makes the letters in your name using playdough snakes.</p>	<p>Count how many pieces of fruit you have you in your house and their colors.</p> <p>Find things in your house that start with the letter P.</p>
<p>Letter Q</p> <p>Find Q and q's in a book or in magnetic letters.</p>	<p>Name steps involved in daily activities (brushing teeth, going to school, etc.) (first, next, last)</p> <p>Sing ABC's and count to 12.</p>	<p>Help carry in light/ unbreakable groceries, take them out of bag, put some away.</p> <p>Make a pattern with cereal/ crackers.</p>	<p>Draw and color a picture that begins with Q.</p> <p>Play more/less with cups of water, use 3 cups put in order least to most.</p>	<p>Describe things in a room in your house, guess which room it is.</p> <p>Using a pile of coins, find all of the pennies.</p>

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Week	Monday	Tuesday	Wednesday	Thursday
<p>Letter R</p> <p>Find R and r's in a book or in magnetic letters.</p>	<p>Practice putting on and zipping a coat.</p> <p>Position words: put hat <u>on</u> head, <u>under</u> chair, <u>behind</u> backpack, etc..</p>	<p>Practice putting on your shoes and socks.</p> <p>Grocery store: find blue fruit, a treat, a drink, etc.</p>	<p>Draw and color a picture that begins with R.</p> <p>Sing ABC's and count to 14.</p>	<p>Make Valentines for your family and friends. Practice saying your friends names.</p> <p>Trace/ write name 3 times.</p>
<p>Letter S</p> <p>Find S and s's in a book or in magnetic letters.</p>	<p>Practice opening snack containers/ bags/ drinks.</p> <p>Practice days of the week. Today is Monday, yesterday was _____, tomorrow will be _____.</p>	<p>Find ten things in your house that are pink.</p> <p>Trace and write the numbers 0-5.</p>	<p>Draw and color a picture that begins with S.</p> <p>Follow the leader: walk, hop, tiptoe (forwards and backwards)</p>	<p>Find ten things in your house that are star shaped.</p> <p>Draw a rainbow, name the colors.</p>
<p>Letter T</p> <p>Find T and t's in a book or in magnetic letters.</p>	<p>Practice opening the door and holding it for someone.</p> <p>Put items in a bag,. Guess what items without looking.</p>	<p>Play Simon Says.</p> <p>Sing ABC's and count to 14.</p>	<p>Draw and color a picture that begins with T.</p> <p>Play tic-tac-toe or Candyland.</p>	<p>Make a simple snack like mini pizzas, cookies, etc.</p> <p>Count and make a group for the numbers 1-7 using cereal or candy.</p>
<p>Letter U</p> <p>Find U and u's in a book or in magnetic letters.</p>	<p>Name steps involved in daily activities (making a sandwich, getting dressed, etc.) (first, next, last)</p> <p>Sing ABC's and count to 14.</p>	<p>Find ten things in your house that are yellow.</p> <p>Make a pattern with cereal/ crackers.</p>	<p>Draw and color a picture that begins with U.</p> <p>Play more/less with cups of water, use 3 cups put in order least to most</p>	<p>Describe things in a room in your house, guess which room it is.</p> <p>Play a rainy day game inside like Twister or Connect 4.</p>

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Letter A Find letter A and a's in a book or in magnetic letters.	Roll 5 Play-doh snakes.  Name as many zoo animals as you can.	Find squares around the house.  Draw a picture of your family.	Count the stairs in your house.  Find 10 things in your house that are red.	Practice a fire drill with your family.  Draw and color a picture that begins with A.
Letter E Find letter E and e's in a book or in magnetic letters.	Say or sing the days of the week.  Practice putting your socks and shoes on.	Play Simon Says.  Find 10 things that are yellow in your house.	Sort 2 to 4 types of cracker or cereal.  Draw a picture of your teacher.	